



**RELIEF HOSPITAL**  
EXPERTISE TECHNOLOGY HUMANITY

The Leading Multi Super-Speciality Hospital

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Website: [www.reliefhospitals.com](http://www.reliefhospitals.com)



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# INTRODUCTION



Relief Hospital is a super speciality Surgical Centre located at heart of the Palghar District. The hospital is well equipped with all the latest machines and advanced instruments required for the high End super-speciality surgical procedures Our main focus is at three Facetes i.e. **EXPERTISE. TECHNOLOGY. HUMANITY**

**Expertise:** we have a unique team of staff and consultants who are expert in their jobs. Consultants from the field of emergency Medicine, Orthopedics, Physiotherapy, Neuro Surgery, Nephrology, Plastic Surgery, Onco Surgery, Diabetology, General Surgery, ENT, Laproscopy, Maxillofacial Surgery, Hematology, Gastroentology, Anesthetist etc. provide excellent services.

**Technology:** We have latest machines and equipment available for our patient care

**Humanity:** This is one of the most important aspects of our organization our team believe in Humanity and Empathy

We had started operating in Boisar from a small clinic in the year 2017. After providing service in Boisar, we started our 2nd Clinic branch in Palghar in the year 2020. To serve more patients and to fulfil the gap of society, we had started 50 bedded multispeciality hospital in the year 2021 right in the heart of Palgher town. We are providing the best treatment including 24\*7 emergency services, as well as pharmacy with specialized and qualified Medical and Nursing Staff with specialized Medical equipments too at one stop.



## DIRECTOR'S MESSAGE



**Dr. Vishal Kodgirkar**  
**MBBS, MS (Ortho),**  
**Director At Relief Hospital**

“It is indeed a great privilege for me and my team to present Relief hospital, Mumbai We bring the tradition and experience of many year in delivering affordable healthcare services in a patient friendly environment with a strong belief in ethical and transparent medical practice. Relief Hospital has established itself as a comprehensive healthcare system in Palghar providing multi speciality tertiary care services to the society Patient centric care, Transparency integrity and excellence are the core values of organisation. Hospitals represents the realization of dreams and vision of many people, but most importantly, the patient himself. WE are delivering total patient care in an ethical and open environment with state of the art equipment.

## OUR VISION

To evolve as a benchmark in quality healthcare available to one and all.

## OUR MISSION

“To inspire hope and contribute to health and well-being by providing the best care to every patient through integrated clinical practice, education and research.”

## GOAL

We can cater to major illnesses and diseases as well as provide rehabilitation for those who are and have been previously injured. We have state of the art instruments for healing, and we always try to stay up-to-date with the latest medical trends in the market.

- Human First
- Spiritual Foundations
- Integrity in All Our Actions & Intentions
- Transparency in Billing
- Respecting Human Values & Following Ethical Practices
- Creating an Inclusive Environment & Working as a Team

## OUR VALUES

- **Honesty:** Conduct every task with highest standards of professionalism and ethical integrity.
- **Excellence:** Achieve excellence through continuous improvement in technology, skills and services.
- **Attentiveness:** Be responsive to the needs of the patients,
  - while meeting the expectations of their families and society at large.
- **Respect:** Show respect and compassion toward patients, co-workers and all other persons we interact with.
- **Team Work:** Recognize the power of working together with mutual respect, understanding and cooperation.



# CENTRE OF EXCELLENCE



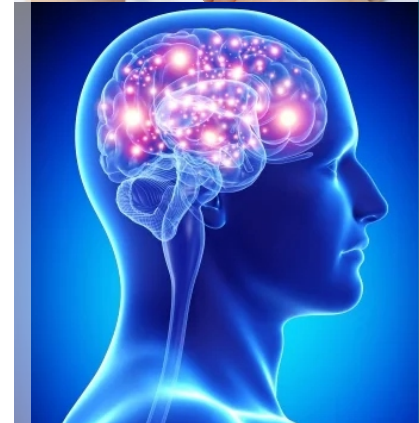
## Orthopedics

The Department of Orthopedics at Relief Hospital is a centre of excellence an acclaimed resource for treating muscle, bone, and joint disorders. Expert surgeons use both surgical and non-surgical means to treat musculoskeletal trauma, sports injuries, degenerative diseases, infections, tumors and congenital conditions. They provide comprehensive care with advanced treatment procedures like Advance Knee Replacement & Hip Replacement. Pre-operative and post-operative measures are devised to provide maximum comfort and convenience.



## Physiotherapy

The Department of Physical Therapy at Relief Hospital provides services to OPD & IPD patients to develop, maintain and restore maximum movement and functional ability throughout life. This includes providing services in circumstances where movement and function are threatened by aging, injury, disease or environmental factors.



## Spine Surgery

The department of spine surgery at Relief multi-speciality Hospital is dedicated to the restoration, preservation and rehabilitation of spine function in people suffering from a plethora of spine-related problems that may be the result of an underlying disease, disorder or an injury sustained in an accident.



## General Surgery

The Department of General Surgery provides surgical interventions that focus on the endocrine system, gastrointestinal tract, liver, colon, and other major parts of the human body. The general surgery team has its expertise in providing complete patient safety & satisfaction by using the latest diagnosing & surgical techniques.



## General Medicine

General Medicine deals with almost all range of both acute and chronic diseases including fever, asthma, heart disease, liver problems, hypertension, neurological problems, and other ailments.



## Laparoscopy

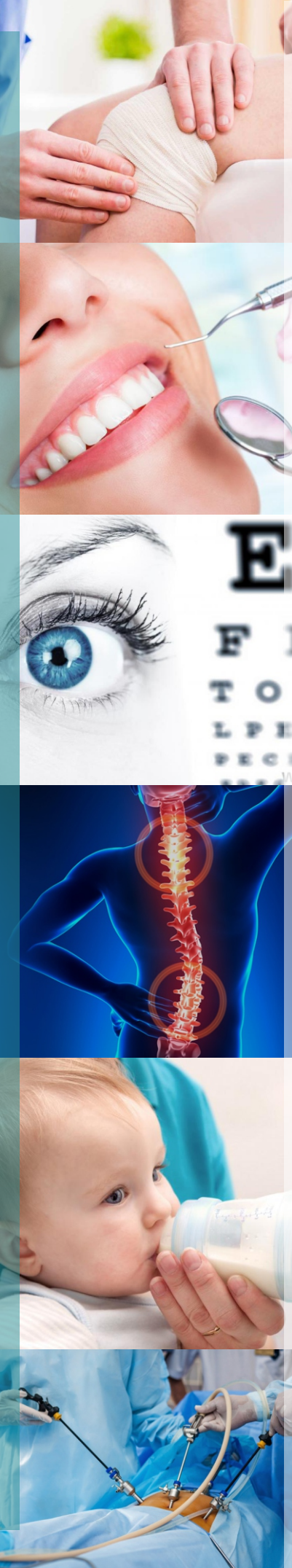
The hospital offers the laparoscopic surgical procedures in various categories of medical health such as Urological Treatment, in Gall Bladder Treatment, Hernia Treatment, Appendicitis Treatment, Piles and Gynaecological Treatment.



## Pediatrics

Relief is a unique one stop healthcare facility for the needs of babies, children and teenagers. This center is geared to deliver top quality medical service with great care and compassion.





### Neurology

The Department of Neurology at Relief Hospitals deals with managing & treating disorders related to the nervous system of the body. The department is focussed on providing comprehensive care to the patients by remaining at the forefront of the technology in the ever evolving neurology space.



### Nephrology

The Department of Nephrology at Relief Hospital is equipped with advanced facilities for management of all kidney diseases. We are known for delivering high-quality routine nephrology services for evaluation of renal function in both inpatient as well as outpatient.



### Urology

The Department of Urology at Relief Hospital offers a comprehensive urological service to diagnose and treat kidney stone disease, urological cancers, incontinence, infertility, impotence, female urology, pediatric urology, prostatic surgery and other urinary difficulties.



### Cardiology

Relief Hospital offers a full range of diagnostic services and treatments for all cardiac problems. Our cardiologists are dedicated to researching the latest heart care technology, to offer our patients the best in cardiovascular care to help them achieve faster recovery and best outcomes possible.



### Gastroenterology

Relief Hospitals is focused on the prevention, diagnosis and treatment of digestive diseases and illnesses. With the expertise and unparalleled experience of our gastroenterologists, nutritionists, nurse practitioners and other specialists, we are helping our patients feel better.



### Oncology

We provide services across medical oncology, surgical oncology and radiation oncology covering entire spectrum of diagnosis, treatment, rehabilitation, recovery, & even palliative care for managing all types of cancer.



### Psychiatry

De-addiction & Psychiatry at Relief Hospital has been established to deal with escalating problem of drug abuse. Relief Hospital offers a comprehensive treatment program that includes components of motivation enhancement, relapse prevention, group therapy and family intervention, and other psychological interventions including yoga therapy for relapse management.



### Maxillofacial Surgery

Oral and Maxillofacial Surgery is a dedicated department engaged in managing and treating defects and injuries of the face, jaws, head and neck along with the hard and the soft tissues of the oral and maxillofacial region. At Relief, the team experts help diagnose, treat and cure a broad range of conditions that may arise in the oral and maxillofacial region.



### Dentistry

The Department of Dentistry at Relief provides emergency pain relief treatments such as tooth extraction, bursting of abscesses, and providing medication. It also specializes in scaling and filling of teeth.



### Ophthalmology

The Department of Ophthalmology deals with the anatomy, structure, physiology, and diseases related to the eyes. The team provides expert consultation, accurate and early diagnosis and management of various problems affecting the eyes.



### ENT

The Department of ENT provides a broad spectrum of surgical as well as medical services for the disorders related to ear, nose, throat, head and neck. The highly skilled team of ENT specialists use the latest equipments and technologies to perform all surgeries.



### Dietetics

Our experienced team the clinical dietitians analyze nutritional requirement of the patient and accordingly provide appropriate and medical nutrition therapy along with designing nutritional programs for the patients.



### Bariatrics

Bariatric or weight loss surgery comprises of procedures like gastric bypass, gastric band etc. that are performed on people suffering with obesity. The aim of the surgery for the patient is to achieve significant weight loss by opting for the most suitable procedure.



# OUR EXPERTISE



## DR. VISHAL KODGIRKAR

**MBBS, MS (Ortho),**  
Director At Relief Hospital  
Consultant Joint Replacement Surgeon  
Experience: 7 Years



## DR. NIKHIL CHAMANAKAR

**MBBS, DNB General Surgery,**  
DNB Neurosurgery  
Consultant Neurosurgeon  
Experience: 5 Years



## DR. SNEHAL KAWALE

**MBBS, MS General Surgery,**  
FMAS, FIAGES  
General & Laparoscopic Surgeon  
Experience: 11 Years



## DR. VASANT BHANUSHALI

**MDS (OMFS)**  
Maxillofacial Surgeon  
Experience: 5 Years



## DR. ANKIT MODY

**M.B.B.S., M.D., DNB**  
Nephrologist  
Experience: 5 Years



## DR. ANKIT PATEL

**MBBS, MS(Ortho), F.ASSI, F.AO Spine,**  
F.SICOT, F.SRS, F.MISS  
Spine Surgeon  
Experience: 10 Years



## DR. VINESH CHANDRAMANIYA

**MBBS MD, DPM, FIPS, PGDS**  
Psychiatrist & Sexologist &  
De-addiction Specialist  
Experience: 10 Years



## DR. DIPAK SONAWANE

**M.B.B.S., DCH, DNB**  
Pediatrician  
Experience: 5 Years



## DR. MAKARAND BHOLE

**MBBS, MS General Surgery,**  
MCh Oncology  
Oncologist  
Experience: 7 Years



## DR. PRADEEP B. MODY

**MBBS, PGP(USA)**  
Consultant Diabetologist & Obesity,  
Weight Loss Specialist  
Experience: 38 Years



## DR. JITENDRA MALVIYA

**M.B.B.S., M.S., MCh**  
Urology  
Experience: 5 Years



## DR. AMBUJ KASAT

**MBBS, D.A**  
Anesthesiologist  
Experience: 5 Years



## DR. MADHAV DEVKATE

**MBBS, PG Diploma in Anesthesiology**  
Anesthesiologist  
Experience: 5 Years



# FACILITIES

## Emergency Department

Relief Hospitals has a 24hrs casualty department that attends to any emergency. Equipped to cope up with emergency of any kind, the department has the state of the art acute medical care unit to handle emergencies round the clock and presence of surgeons to handle the trauma cases.

## Post-operative Recovery Areas

The recovery room or post-anesthesia care unit (PACU) is a space a patient is taken of after surgery to safely regain consciousness from anaesthesia and receive appropriate post-operative care.

## Intensive Care Unit

Intensive care units cater to patients with severe and life-threatening illnesses and injuries, which require constant, close monitoring and support from specialized equipment and medications in order to ensure normal bodily functions.

## Operation Theatre

The operation theaters are fully air conditioned. Each OT is equipped with OT lights, Monitor, Cautary, Ventilators, Infusion pumps. Strict infection control measures are observed round the clock by applying standard protocols.

## Equipments

Central Monitoring System, Ventilators, Defibrillators Multipara-monitors, Blood gas analyzer, ECG Machines Pulse oxy meter, Infusion pumps, Syringe pump, Nebulizers Mobile X-ray, Ultra sound machines.

The intensive care units are under the control of highly qualified critical care specialist and specially trained nursing & paramedical staff.

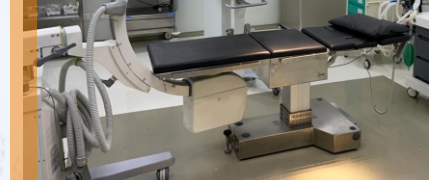
E-ICU (Fully monitored remotely) & NICU  
ICCU, SICU and IRCU with ISOLATION ICU-Managed by Intensivists, Tele-Medicine

## Technologies

Operation tables  
State of the art anesthesia work station  
Defibrillators  
C-arm Image intensifier  
Highly Sterile OT  
NABH compliant (India's Best Healthcare Standard)  
Positive pressure laminar airflow and hepafilter

## Pathology Laboratory

The laboratory covers a wide range of functions, and is concerned with the diagnosis, treatment, & prevention of disease. These include the blood bank, clinical chemistry and biology, toxicology, hematology, immunology and serology, and microbiology.





# SUCCESS STORIES

## Robert Huber

62 yr pt name Robert Huber ( Munich, Germany) Professional Photographer by profession came to Relief Hospital with the complaint of left hip injury with inability to bear weight. X ray Showed Displaced Neck Of Femur Fracture. On further medical evaluation Robert accidentally found to be Hyperglycemic (B sugar > 450 and Urine ketones (+++)). After 3 days Proper Medical Management Total Hip Replacement Was Performed. Johnson & Johnson Ceramic Hip Implants used. Physiotherapy started immediately after the surgery and the patient was mobilized with help of walker 6 to 8 hrs after the surgery. He was Very Happy after the first walk after surgery.

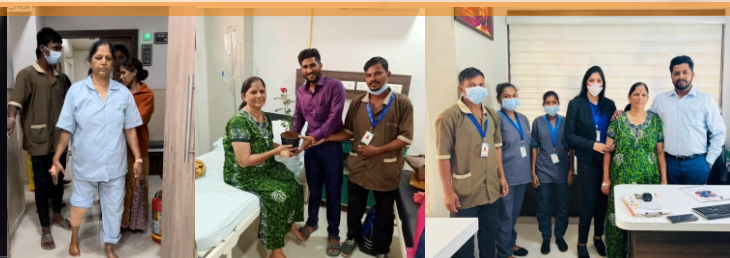
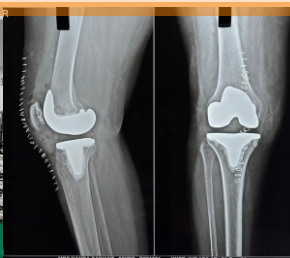


## Nanda Sawant

**Diagnosis - Osteoarthritis of Right Knee Joint**

**"My KNEE PAIN is gone, minute the surgery is done"**

Nanda Sawant Diagnosis - Osteoarthritis of right knee joint "My KNEE PAIN is gone, minute the surgery is done " 67 yr pt named Nanda Sawant came with the complaint of Pain & swelling in Right knee with difficulty in walking .She was suffering from Knee Osteoarthritis since last 20 yrs .Her Total Knee Replacement Done ; She walked on her operated leg 8 hrs after Surgery. She showed Excellent pain relief after surgery. She gave blessings to Dr Vishal Kodgirkar and Entire Relief Team.



Walking 8hrs after Knee Replacement Surgery.



# Daksh Vinde

**Diagnosis - Penetrating nail injury right frontal bone**

**"Forever grateful"**

Dr Nikhil Chamankar neurosurgeon had performed the craniotomy surgery and given a new lease of life. During evaluation of CT brain s/o streak artefacts seen emanating from the metallic screw noted in right frontal region degrading the images, piercing the inner and outer table of frontal bone and having intracranial extension for length of about 1.1 mm indenting the underlying frontal sulcal space and abutting frontal lobe. Relief team confidence, care and compassion allowed my son to get recovered



# Aruna Raut

**Diagnosis - Bilateral Osteoarthritis Knee**

**"With two new knee walking is easier and life is better"**

I was fed up of my knee pain for last 3 years. Walking for me was slow and Walker dependant. My knees were noticeably bowed. We explored all conservative options first. But No relief with whatever the treatment was going on. So at last I chose to Go for Both Knee Replacement Surgery. I felt completely comfortable and confident having my Bilateral total knee replacement at Relief hospital and I had started walking 6 to 8 hrs after the surgery without pain. There was a warmth and Special care in treatment given to me. Thank You Relief Hospital.



Patient was only able to walk with walker

8 hr after surgery patient walking without Walker.

Dr. Vishal Kodgirkar making patient walk.

# Tara Dhodi

**"SIMPLY THE BEST"**

63yr pt named Tara Dhodi came with the complaint of accidental burn over thighs, buttock, abdomen and both hands. During evaluation pt Spo2 was dropped to 80% and found hyperglycemic. Alternate days Collegen dressing was done by General surgeon Dr. Sneha Kawale. With the O2 support, Insulin for managing sugar level and physiotherapy patient had shown Significant improvement in her health

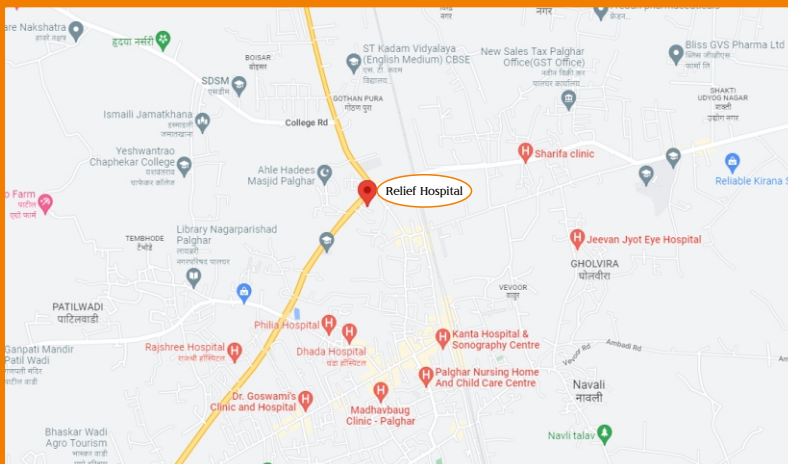




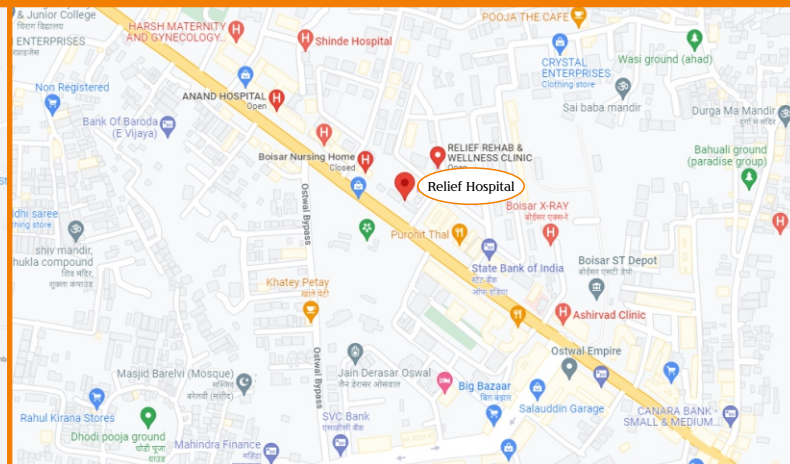
# Why Choose Relief Hospital

- 50 Beds suited to all cadre of the society
- Deluxe Rooms, Single Rooms & General Ward with same doctors treating all patients.
- All specialities and super specialities under one roof
- All medical and paramedical services with other facilities.
- Hospital within your reach, in terms of affordability, accessibility and availability of services.
- 24x7 emergency & Non-emergency care.
- Consultants of all specialities.
- Commitment to highest quality of care, with Continuous Quality Improvement(CQI)
- 24 hrs Pharmacy, Laboratory & Diagnostic Services.
- Overnight waiting area for attendants of critically ill patients.
- International Patient Care.
- Offering exceptional treatment methodology through world-class technology.
- Right consultation at right time with Latest technology for quality care

## Relief Hospital-Palghar



## Relief Hospital-Boisar



## Relief Hospital-Palghar

Aster Building,  
Near Shri Chhatrapati Shivaji  
Maharaj Chowk, Char Rasta,  
Palghar West-401401  
9181999999 / 02525-299988

## Relief Hospital-Boisar

Shop No. 02-05, Leo Building,  
Opposite Circus Ground,  
Boisar- Tarapur Road,  
Boisar West 401 501  
9049865774 / 9049865775

If you have any questions or  
would prefer to make your  
appointment by phone,  
please call +(91)- 91819 99999  
to speak with  
a referral coordinator.

Website

[www.reliefhospitals.com](http://www.reliefhospitals.com)



Email: [reliefhospitals@gmail.com](mailto:reliefhospitals@gmail.com)



# EXPERTISE TECHNOLOGY HUMANITY

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